



## VIRTUAL VOLUNTEERING IDEAS

### 1. Converting traditional > virtual volunteers

#### A. Jayne Cravens/Coyote Communications:

- 1) "Virtual Volunteering is Personal" - [https://youtu.be/mOswvGE\\_nMI](https://youtu.be/mOswvGE_nMI)
- 2) "Safety in Virtual Volunteering" - <https://youtu.be/pVclXmpKN2g>
- 3) "Virtual Volunteering with Lack of Internet Access" - <https://youtu.be/z-8mYoJrObc>
- 4) "Points Of Light 2020 Virtual Volunteering Webinar"(36 mins) <https://youtu.be/iVA-taLBpyY>

#### B. Dana Litwin's TuesdayTips and Priceless Advice Videos

- 1) [Online Training and Be The Expert](#) (Jennifer Bennett, VolunteerMatch)
- 2) [Moving Volunteer Training Online: eLearning Tricks and Traps](#) (Tomomi Summers)
- 3) [High Tech, High Touch: Finding the Balance in Volunteer Engagement and Management](#)
- 4) [Liza Dyer, CVA, TuesdayTips: Tech Training and Virtual Volunteers](#)

#### C. Other

- 1) [V Sys Voices: Virtual Volunteering](#) (40 minute workshop. mp4)
- 2) [Sterling Volunteers: Best Practices to Follow for Virtual Volunteers](#)
- 3) [9/11 Day At Home - The Nation's Largest Day of Virtual Volunteering](#)
- 4) [2018 State of the World's Volunteerism Report: The Thread that Binds - Volunteerism and Community Resilience](#) (70 % of global volunteering is informal; 30% is with an organization)
- 5) [Cyberseniors](#)
- 6) [Virtual Bingo](#)
- 7) [Zen Dens](#)
- 8) [SoulPancake Happiness](#)
- 9) [Future of Virtual Volunteering](#) (presentation)
- 10) [Institute for Patient and Family-Centered Care](#)

## 2. Examples of Physical > Virtual Opportunity Conversions

| Physical  | Virtual Equivalent  |
|---|---|
| In-person friendly visitation programs  | Virtual friendly visitation programs  |
| Volunteer Led Training/Orientations (in person)   | Using Zoom, record presentations (virtually live or recorded for later) with volunteer trainers |
| In-person animal assisted therapy visits  | Virtual animal assisted therapy visits  |
| In-person music therapy visits  | Virtual music therapy visits  |
| In-person waiting room greeter  | Virtual waiting room greeter  |
| Office database coordinator   | Virtual database coordinator  |
| In person career exploration program  | Virtual career exploration program  |
| In person gift shop sales, support group, storytelling, golf, summer camps, advocacy, auctions, Bingo (see below), board meetings, etc. | Virtual versions of the same.   |
| YouTube media production  | [same]  |
| Calling Patients  | [same, but can come from volunteers across the globe]   |
| Pastoral Care   | [same, but can come from volunteers across the globe]   |
| COVID Hotline   | Re-distributed calls via VOIP or use messages and call-backs.                                   |
| Peer Support Volunteers   | Social Networking (see " <a href="#">Future of Virtual Volunteering</a> ")                      |








### 3. Virtual Bingo Instructions (courtesy of Melissa Heinlein)

## Physical Distancing Summer Youth Volunteer BINGO

While we have missed having youth volunteers in our halls this summer, we have not forgotten about the importance of service. We wanted to provide a unique and fun way for parents, teachers, and youth to get engaged in the discussion of service.

Our goal is to offer creative ways to think more about your community, volunteerism, civic engagement, and helping others, including ways to support Veterans – all while doing this safely from your home.

From all of us in the Voluntary Service office, thank you for your continued dedication to help others.

| C   | M   | C  | V  | A  |
|---|---|--|--|--|
| You choose to do something of service*<br>_____   | What is the history of your VA medical center?  | Write about someone who has inspired you*  | List favorite places to volunteer*   | State why volunteering is important to your community?*  |
| Take a selfie with your mask on*<br>                 | Make a thank you card for an essential worker at VA   | What is VA's Mission Statement?<br> | Follow VA on Facebook<br> | Family time! Plan to cook dinner or watch a movie together! (no phones!)   |
| Take a FREE course through PsychArmor and write a short paragraph about what you learned*   | Attend Chat with the Chief of Voluntary Service   |                                     | You choose to do something of service*<br>_____  | Reach out to a Veteran Service Organization to say THANK YOU (VFW, American Legion, etc.)                        |
| What is your <b>WHY</b> for participating in this opportunity? *  | Call a relative or friend to say #I!<br> | Visit VA's Voluntary Service's website (national)  | Educate yourself about VA volunteer opportunities  | Help a friend or neighbor<br> |
| Time to exercise! Walk or other outdoor activity<br> | You choose to do something of service*<br>_____   | Take a course through PsychArmor and write a short paragraph about what you learned*                                   | Create a sign to support healthcare workers. Take a picture and e-mail to Voluntary Service.*                | Clean your room without being asked! 😊<br>Take over chores for a day.  |

#### 4. Healthcare Volunteer Impact (courtesy of Linsay @ Beryl).



### Healthcare Volunteer Impact During the COVID Pandemic

Averages per organization based on data submitted by members of The Beryl Institute's Volunteer Professionals Community



**8,574**

masks made by hospital volunteers or community members



**6** virtual volunteer opportunities created as a result of COVID

EXAMPLES:

- Music Concerts
- Bingo
- Tutoring
- Pet Therapy
- Thank You Videos for Caregivers
- Hand-written Thank You Notes
- Tech Support for Vaccine Clinics
- Peer Support
- Bereavement Camp

**1,461**

patients impacted by virtual volunteers



**366**

PPE or other items were made by volunteers (gowns, hats, etc.)

**76**

volunteers deployed virtually



**92%**

of healthcare volunteer leaders took on additional responsibilities during the past year

EXAMPLES:

- Covid Screenings
- Temperature Checks
- Managing Donations
- Staffed the Gift Shop
- Staff Well-being Activities
- Lobby Support
- Family Communications Team
- Delivered Patient Belongings

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Data based on time period of March 2020 - March 2021  
theberylinstitute.com